






Wellington-Napoleon R-IX School

November 2022

Breakfast & Lunch Menus



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<p><i>Yogurt with Granola, Milk, & Juice</i> <i>Chicken Sandwich</i> <i>Baked Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Pancake on a Stick, Milk, & Juice</i> <i>Cheeseburger Mac</i> <i>Green Beans</i> <i>Bread Stick</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>French Toast, Milk, & Juice</i> <i>Soft Taco</i> <i>Corn</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Ham & Cheese Biscuit, Milk, & Juice</i> <i>Chicken Noodle Soup</i> <i>Salad</i> <i>Gold Fish Crackers</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Biscuit & Gravy, Milk, & Juice</i> <i>Beef & Bean Burrito</i> <i>Black Beans</i> <i>Chips w/Salsa</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>
7	8	9	10	11
<p><i>Waffles, Milk, & Juice</i> <i>Hot Dog</i> <i>Mac N Cheese</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Sausage Biscuit, Milk, & Juice</i> <i>Cheeseburger</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Colby Omelet, Milk, & Juice</i> <i>Chicken Nuggets</i> <i>Buttered Noodles</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Pizza, Milk, & Juice</i> <i>Pizza</i> <i>Garden Salad</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Biscuit & Gravy, Cereal,</i> <i>Chicken Sandwich</i> <i>Black Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p> 
14	15	16	17	18
<p><i>Egg & Cheese Biscuit, Milk, & Juice</i> <i>Corn Dog</i> <i>Green Beans</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Scrambled Eggs, Milk, & Juice</i> <i>Pulled Pork Sandwich</i> <i>Tator Tots</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Sausage Tornado, Milk, & Juice</i> <i>Spaghetti</i> <i>Garden Salad</i> <i>Bread Stick</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Breakfast Burrito, Milk, & Juice</i> <i>Turkey</i> <i>Potatoes & Gravy</i> <i>Roll</i> <i>Cookie & Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Biscuit & Gravy, Milk, & Juice</i> <i>Orange Chicken</i> <i>Rice</i> <i>Broccoli</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i> <i>All Elementary Field Trip</i></p> 
21	22	23	24	25
NO SCHOOL	NO SCHOOL	NO SCHOOL	 <p style="text-align: center; color: brown;">Happy Thanksgiving</p>	NO SCHOOL
28	29	30	31	1
<p><i>Bacon Tornado, Milk, & Juice</i> <i>Chicken Nachos</i> <i>Black Beans</i> <i>Graham Cracker</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Blueberry Muffin, Milk, & Juice</i> <i>Sub Sandwich</i> <i>Carrots w/Ranch</i> <i>Gold Fish</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>Breakfast on a Stick, Milk, & Juice</i> <i>Chicken Rice</i> <i>Green Beans</i> <i>Roll</i> <i>Fruit</i> <i>1% white milk or fat free choc. milk</i></p>	<p><i>*This Institution is an equal opportunity provider</i></p>	<p><i>This menu is subject to change on a daily basis!!!</i></p>